

Please note:

The nationwide labor, driver, and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutions are necessary. We apologize for any inconveniences.

NOVEMBER 2022

K-12



Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Waffle Sandwich **1**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Cinnamon Roll **2**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Sausage Biscuit and/or Grits & Sausage **3**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Egg & Cheese Croissant **4**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Pancake Sausage Sandwich **7**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Ham, Egg & Cheese Croissant Sandwich **8**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Eggo Chocolate Chip French Toast **9**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Chicken Biscuit Sandwich **10**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Cheese Omelet w/ Toast or Tortilla Wrap (EL & MS) **11**
Cheese Omelet w/ Bacon Toast or Tortilla Wrap (HS)
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

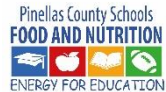
Bacon Scramble Breakfast Pizza **14**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Chicken Waffle Sandwich **15**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Cinnamon Roll **16**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Sausage Biscuit and/or Grits & Sausage **17**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Egg & Cheese Croissant **18**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers



Happy Thanksgiving!

No School

November 21-25

Pancake Sausage Sandwich **28**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Ham, Egg & Cheese Croissant Sandwich **29**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers

Eggo Chocolate Chip French Toast **30**
Cereal Variety
Buttered Toast or Cinnamon Toast
Graham Crackers



DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily,

i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast.

Must choose at least 1: Fruit or Juice.

May choose 1: Milk Skim, Low Fat White, or Fat Free Chocolate

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