

## Dinner Dilemmas

To create family discussions that promotes Character Education in Pinellas County.

<p><b>January</b></p> <p><b>Self-Motivation</b></p> <p><b>Working in a careful and consistent manner without giving up.</b></p>	Week 1	Week 2
	<p>Situation: During a bike race, Sue has a minor accident.                  Dilemma: On one hand Sue could quit the race. On the other hand she could motivate herself to get up and finish the race.                  Discussion: What is your advice to Sue?</p>	<p>Situation: Sam’s mother had to leave early for work. She told him to set his alarm clock. When the alarm goes off Sam is really tired, he knows he is not prepared for a test in his science class today.                  Dilemma: On one hand Sam could roll over and go back to sleep. On the other hand Sam could motivate himself to get up and go to school and do the best he can on the test.                  Discussion: What is your advice for Sam?</p>
	Week 3	Week 4
	<p>Situation: Sam enjoys playing the violin. His instructor told him if he practiced more he could probably make “first chair.” None of Sam’s friends play a musical instrument. They want Sam to hang out with them after school.                  Dilemma: On one hand Sam wants to hang out with his friends. On the other hand Sam wants to improve his musical skills and become a better violinist.                  Discussion: What is your advice for Sam?</p>	<p>Situation: Sue wants to enter the Commitment to Character essay contest. However, being shy, she is concerned that if she wins she will have to read the essay in the school assembly.                  Dilemma: On one hand Sue knows she is a good writer and has a first-rate character message to share. On the other hand she is afraid about reading in front of the whole school.                  Discussion: What advice do you have for Sue?</p>

Dinner Dilemmas are designed to be sent home once a month with the students. Schools that send home a weekly newsletter could print one dilemma each week in its publication. During the week families are asked to discuss the dilemma. It is hoped that families will talk about the dilemma and decide how the character quality of the month relates to the situation presented. It is further hoped that families will discuss the dilemma of the week and decide how the character quality of the month applies to each family member.