

May

Pinellas Elementary School Lunch Menu

Fun Facts!



May is National Asparagus Month! This super-healthy veggie helps fight cancer, & is good brain-food!



National Hamburger/Cheeseburger Day falls on Memorial Day Monday each year!

DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich,







Pancakes, Cereal & Toast, or Cereal Bar & Toast. Must choose at least 1: Fruit or Juice. May choose 1: Milk

Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Mon	Tue	Wed	Thu	Fri
	1 Egg/Ham/Cheese Breakfast Sandwich **School Favorites Day** <i>Students Choose the Menu!</i> 	2 Chicken Biscuit <u>Choose One:</u> Chicken Drumstick w/ Hush Puppy Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Green Beans Sliced Cucumbers	3 Sunshine Wrap <u>Choose One:</u> Beef or Pork Tacos Garlic Cheesy Bread Chef Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup * Fiesta Beans Leafy Green Side Salad	4 Pancake Pup <u>Choose One:</u> Pizza Chicken & Broccoli Penne Alfredo w/ Breadstick Chicken Caesar Salad Italian Sub <u>Choose:</u> Spinach or Collard Greens Fresh Veggie Dippers
7 Apple Cinnamon Texas Toast <u>Choose One:</u> Manager's Choice Entrée Hamburger/Cheeseburger Fruit & Yogurt Plate Turkey & Cheese Hoagie <u>Choose:</u> Mashed Potatoes w/ Gravy Fresh Veggie Dippers	8 Scrambled Egg, Bacon, & Biscuit <u>Choose One:</u> Manager's Choice Entrée Grilled Cheese Sandwich Veggie Double Dipper Salad Jamwich Kit <u>Choose:</u> Tomato Soup Romaine Side Salad	9 Glazed Dunker <u>Choose One:</u> Manager's Choice Entrée Chicken Tender Basket w/ Fries Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Broccoli Sliced Cucumbers	10 Bacon, Egg & Cheese Pizza <u>Choose One:</u> Manager's Choice Entrée Max Mozzarella Sticks Chef Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup Deli Roasted Potatoes Leafy Green Side Salad	11 Morning Sausage Roll <u>Choose One:</u> Manager's Choice Entrée Pizza Chicken Caesar Salad Italian Sub <u>Choose:</u> Oven Baked Beans Fresh Veggie Dippers
14 Blueberry Bash Mini Waffles <u>Choose One:</u> Manager's Choice Entrée Breaded Chicken Sandwich Fruit & Yogurt Plate Turkey & Cheese Hoagie <u>Choose:</u> Sliced Carrots Fresh Veggie Dippers	15 Egg & Cheese Croissant <u>Choose One:</u> Manager's Choice Entrée Corn Dog Veggie Double Dipper Salad Jamwich Kit <u>Choose:</u> Oven Baked Beans Romaine Side Salad	16 Cinnamon Roll <u>Choose One:</u> Manager's Choice Entrée Teriyaki Beef Dippers w/ Rice Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Steamed Broccoli Sliced Cucumbers	17 Sausage Biscuit <u>Choose One:</u> Manager's Choice Entrée Chicken & Waffle Chef Salad Chicken Caesar Wrap <u>Choose:</u> Mixed Vegetable Blend Leafy Green Side Salad	18 Egg & Cheese Breakfast Taco <u>Choose One:</u> Manager's Choice Entrée Pizza Chicken Caesar Salad Italian Sub <u>Choose:</u> Corn Niblets Fresh Veggie Dippers
21 Manager Choice Entrée <u>Manager's Choice Menu</u> <i>See your Cafeteria Manager for todays menu</i>	22 Manager Choice Entrée <u>Manager's Choice Menu</u> <i>See your Cafeteria Manager for todays menu</i>	23 Manager Choice Entrée <u>Manager's Choice Menu</u> <i>See your Cafeteria Manager for todays menu</i>	24 Manager Choice Entrée <u>Manager's Choice Menu</u> <i>See your Cafeteria Manager for todays menu</i>	25 Summer Break! 
28 	29 	30  May Harvest: Watermelon	31 <div style="border: 1px dashed blue; padding: 5px;"> <p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!</i></p> </div>	