

DECEMBER

Pinellas County Elementary School Lunch Menu

Fun Fact!



Candy canes were originally invented to keep kids quiet!

DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich,

Pancakes, Cereal & Toast, or Cereal Bar & Toast.

Must choose at least 1 Fruit or Juice. May choose 1 Milk: Skim, Low Fat White, or

Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée. Must choose at least 1 Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with lunch meal)

May Choose 1 Milk; Skim, Low Fat White, Fat Free Chocolate.

Also available for lunch daily:

Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Monday	Tuesday	Wednesday	Thursday	Friday
3 Eggo Mini Confetti Pancakes Choose One: Breaded Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Bologna & Cheese Sandwich Choose: Santa Fe Black Beans Fresh Veggie Dippers	4 Egg & Cheese Croissant Choose One: Featured Entrée: Tortellini with Meat Sauce & Garlic Breadstick Grilled Cheese Sandwich Farmers' or Apple-A-Day Salad PBJ Jamwich Kit Choose: Tomato Soup, Romaine Salad	5 Cinnamon Roll Choose One: Teriyaki Beef Dippers over Rice or Lo Mein Noodles Chicken Nuggets w/ Dip Cup Yogurt & Fruit Parfait Ham & Cheese Croissant Choose: Sliced Cucumbers Steamed Broccoli Florets	6 Sausage Biscuit or Grits & Sausage Choose One: Breakfast for Lunch Mini Cheese Calzones Chef Salad Chicken Caesar Wrap Choose: Marinara Cup Deli Roasted Potatoes Leafy Green Side Salad	7 Brkfst Bowl (Cheesy Eggs & Tots) Choose One: Pizza Cheesy or Spicy Fish Filet Sandwich Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich Choose: Corn Niblets Fresh Veggie Dippers
10 Maple Pancake Minis Choose One: Hamburger or Cheeseburger Chicken & Broccoli Penne Alfredo w/ Breadstick Fruit & Yogurt Plate Bologna & Cheese Sandwich Choose: Sliced Carrots Fresh Veggie Dippers	11 Breakfast Sandwich (Egg/Ham/Chs) **School Favorites Day** Students Choose the Hot Entrees & Veggies! Entrée Salad: Farmers or Apple-a-Day Sandwich: Jamwich Kit Side Salad: Romaine	12 Chicken Biscuit Choose One: Chicken Tender Basket w/ Crinkle Oven Fries Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant Choose: Sliced Cucumbers Spinach or Collard Greens	13 Sunshine Omelet Wrap Choose One: Beef or Pork Tacos Max Cheese Sticks Chef Salad Chicken Caesar Wrap Choose: Marinara Cup Refried Fiesta Beans Leafy Green Side Salad	14 Apple Cinnamon Texas Toast Choose One: Pizza Teriyaki Chicken Bowl Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich Choose: Green Beans Fresh Veggie Dippers
17 Pancake Pup Choose One: Chicken & Waffle Cheesy Bread Fruit & Yogurt Plate Bologna & Cheese Sandwich Choose: Sweet Green Peas Marinara Cup Fresh Veggie Dippers	18 Scrambled Egg, Bacon, & Biscuit Choose One: Featured Entrée: Beef Stroganoff w/ Egg Noodles & Roll Corn Dog Farmers' or Apple-A-Day Salad PBJ Jamwich Kit Choose: Baked Beans, Romaine Salad	19 Glazed Dunker Choose One: Chicken Drumstick w/ Hush Puppy Pasta with Meatballs & Sauce Yogurt & Fruit Parfait Ham & Cheese Croissant Choose: Steamed Broccoli Florets Sliced Cucumbers	20 Bacon, Egg & Cheese Pizza Choose One: Beef Rib B Q Sandwich Cheese Stick & Toasted Ravioli Boat Chef Salad Chicken Caesar Wrap Choose: Marinara Cup Sweet Potato Waffle Fries Leafy Green Side Salad	21 Breakfast Chicken Nibbler Choose One: Pizza Wild Alaskan Ocean Treasure Fish Nuggets w/ Roll Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich Choose: Mashed Potatoes Fresh Veggie Dippers
WINTER BREAK				
WINTER BREAK				
	LETTUCE 			
				School Resumes Tuesday January 8, 2019

All menus are subject to change!
We do our best
to provide our customers with all
of our planned options, however,
occasionally weather, crops
and supplies have other ideas!

In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: program.intake@usda.gov. This institution is an equal opportunity provider/employer.