

# December Breakfast K-12 Menu



**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**

**PLEASE NOTE:**  
The nationwide labor, driver and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutes are necessary. We apologize for any inconvenience.



**DAILY BREAKFAST CHOICES**  
Hot or cold breakfast choices are available daily, i.e.:  
Breakfast Sandwich, Pancakes, Cereal or Cereal Bar & Toast.  
**Must choose at least 1:**  
Fruit or Juice.  
**May choose 1:**  
**Milk**  
Fat Free Skim, Low Fat White, or Fat Free Chocolate.

**DAILY LUNCH CHOICES:**  
**Choose 1:** Entrée.  
**Must choose at least 1:**  
Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)  
**May choose 1:**  
**Milk**  
Fat Free Skim, Low Fat White, or Fat Free Chocolate.  
**Available for lunch daily:**  
Hot Entrée, meat or meatless Entrée Salads, Cold Sandwiches  
Vegetable choices  
hot & cold  
Variety of Fruits  
fresh, cupped, 100% juices

For Menu & Nutrition Information or to download the app on your device! Visit [nutrislice.com](http://nutrislice.com)



**6**  
**Pancake Pup Minis**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**7**  
**Egg, Bacon & Biscuit**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**8**  
**Chocolatey Chip Mini Pancakes**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**9**  
**Sweet Cinnamon Waffle**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**10**  
**Cheese Omelet w/ Toast or Cheese Omelet Wrap**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**13**  
**Apple Cinnamon Texas Toast**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**14**  
**Egg, Ham & Cheese on Croissant or English Muffin**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**15**  
**Maple Mini Pancakes**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

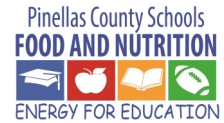
**16**  
**Country Gravy Breakfast Pizza**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**17**  
**Chicken Biscuit Sandwich**  
Offered Daily:  
Variety of Cold Cereal, Cereal Bars, Graham Crackers, Buttered & Cinnamon Toast

**December 20 – January 3**

**Winter Holidays**

Classes Resume  
Tuesday January 4,  
2022



In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider/employer.